



#### VITAMIN D

Any adult that consumes the Western style diet or individuals with a hectic, busy, or stressful lifestyle, or those frequently exposed to pollution might benefit from VITAMIN D supplementation.

# VITAMIN D

#### **Product Description**

VITAMIN D is a great tasting, plant-based, chewable vitamin D3 (from lichen) and vitamin K2 (from chickpea). This therapeutic dose of vitamin D3 and K2 is designed to help maintain optimum levels of vitamin D and vitamin K as well support a healthy immune system, help maintain strong bones, and help support a healthy heart and cardiovascular system.

### Benefits / Top retailing points

- Helps support healthy brain and nervous system functions.
- Helps support a healthy mood.
- Helps support healthy cellular function and metabolism.
- Helps regulate Calcium and Phosphorus levels in the blood to help support healthy bones, muscles, joints and teeth.
- Helps support a healthy immune system.
- Helps support healthy bone mineral density and concentration.
- Helps support proper calcium absorption, utilization and metabolism, helping to keep calcium in the bones and out of the arteries.
- Helps support healthy heart and cardiovascular health including arterial elasticity and flexibility as well as healthy blood clotting.
- Convenient, great-tasting chewable tablet with NO synthetic or artificial ingredients.
- Made with certified organic ingredients: organic tapioca starch and maltodextrin (prebiotic), erythritol and xylitol, which support dental health.
- Formulated for adults, not labeled for children.

#### **Key Ingredients**

Vitamin D3 (From Lichen) and Vitamin K2 (MK-7 from chickpea)

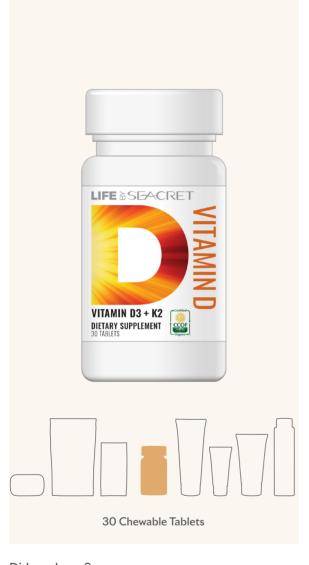
### Directions

As a dietary supplement, take 1 tablet daily.

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\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Seacret Nutrition 20220215



# VITAMIN D



Vitamin D3 125 mcg 625% (as Cholecalciferol from Lichen)

Vitamin K2 (as Menaquinone-7) 100 mcg (MK-7 from Chickpea) (MenaQ7®)

Ingredients: Organic Tapioca Starch, Organic Tapioca Maltodextrin, Organic Erythritol, Organic Xylitol.

\*\*Percent DV are based on a 2,000 calorie diet.



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## Did you know?

- There are two types of vitamin D: Vitamins D2 and D3. In the past, D2 was the only vegan option for vitamin D as D3 typically came from lanolin, the waxy substance of a sheep's wool treated with harsh chemicals for extraction.
- Our vegan D3 from lichen is a recent development of extraction and processing.
- Seacret Vitamin D3 provides cholecalciferol, the same form of vitamin D produced by our skin through UVB exposure from the sun. There is a specific, limited window of opportunity where sun exposure can provide the correct UVB level for vitamin D3 production, meaning it is a bit trickier than just staying under the sun for 10 minutes daily.
- Compared to D2 (ergocalciferol), D3 (cholecalciferol) is more readily absorbable and therefore effective in raising vitamin D level in our body.
- Vitamin D3 and K2 are easily absorbed by the body and are the perfect pair for bone health, reducing the potential for fractures.
- Vitamin D3 and K2 help maintain strength to encourage physical activity as well help lower the potential for mineral build up in the arteries.